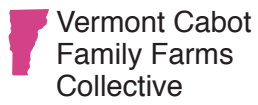



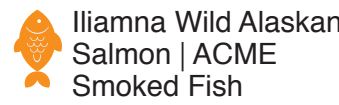















SCHOOL LUNCH MENU

 Vermont Cabot Family Farms Collective
  Hudson Valley Fresh Dairy
  Cascun Farm Local, anti-biotic & hormone free meat, poultry & eggs
  Freshkill Farms Apples
  Applegate Natural & organic meats
  Iliamna Wild Alaskan Salmon | ACME Smoked Fish
  Vegetarian Meal/ Option Organic tofu, seitan or beans

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
			Noon Dismissal No lunch served	
9 	10 	11 	12 	13 
Feta & red pepper frittata Kale basil pesto Tomato cumin chickpeas Tomato cucumber & red onion salad Vinaigrette	Chicken cutlet strips <i>or</i> chickpea kabocha falafel Roasted lemon garlic potatoes Broccoli Fresh herb ranch	Penne <i>or</i> spinach ricotta 'meat'balls w/ marinara Parmesan Buttered peas Orzo	Roasted chicken strips w/ radishes Quinoa couscous pilaf w/ chickpeas & apricots (main) Tandoori paneer cubes Sliced cucumbers	Turkey <i>or</i> black bean taquitos Yellow rice Southwest roasted parsnips Fresh salsa Lemon cookie
16 	17 	18  	19  	20  
Chicken souvlaki strips <i>or</i> baked halloumi fingers Lemon potatoes Greek peas Whole wheat pita	Turkey bolognese <i>or</i> marinara Penne Broccoli	Toasted cheddar sandwiches on potato rolls Creamy tomato soup Sliced cucumbers Green beans	Japanese chicken meatballs <i>or</i> teriyaki tofu strips Rice Edamame peas & carrots	Cheesy turkey <i>or</i> bean pockets Bulgur fiesta salad Guacamole Poached pineapple Cookie
23 	24  	25   	26 	27 
Garlic chicken <i>or</i> veggie paella w/ onions, celery, saffron & sweet red pepper Cuban black beans Yellow saffron rice Baby bell peppers	Toasted turkey & cheese sandwiches <i>or</i> black bean burgers Green beans w/ shallots Pickles	Chicken cutlet strips <i>or</i> cheddar broccoli frittata Orzo w/ saffron Broccoli	Turkey <i>or</i> mushroom meatballs Caramelized onion BBQ dip Roasted whipped sweet potatoes Pickled cucumber salad w/ red onion	Cheese tortellini w/ marinara Cauliflower w/ herbed breadcrumbs Cookie
30  				
Turkey <i>or</i> seitan ragu w/ onions, celery & carrots Penne Housemade apple sauce Sliced cucumbers Fresh herb ranch				